

Venus Retrograde - Is it Love actually?

You have heard of Mercury Retrograde and may be aware of the positives and pitfalls of this trickster as he wends his way through the Zodiac. But did you know that the planet of love, Venus, also retrogrades?

Yes, Venus changed direction on March 3 and goes back through Aries and Pisces before moving forward again on April 13, 2025. Astrologically, this retrograde signifies a time of reevaluation in love, relationships, finances, values, and self-worth. It often brings up past romantic issues, changes in financial circumstances, and shifts in aesthetic preferences.

Venus Retrograde in Aries is not an easy passage for relationships, as Aries is ruled by feisty Mars. This makes love, both personally and collectively, somewhat combative over the next month or so. Incidentally, Mercury also goes Retrograde in Aries from March 13 emphasising the need to try to avoid conflict in partnerships. Tempers could flare when discussing touchy topics, particularly money and big purchases. It may be better to waylay such discussions and decisions until the end of April, if possible.

Rash relationship decisions and arguments are to be avoided as apologies may be required, or regret may be experienced as Venus retrogrades into Pisces on March 26 where it stays until April 20, 2025. The Venus Retrograde Pisces period is likely to nostalgic feelings from the past – Was I right to leave that relationship? Why did that person leave me? And such like. It is best to use this time to heal past emotional relationship pain so that you can truly enjoy current ones.

If you know your own birth chart then you can see which area is highlighted during the retrograde period. Otherwise you can read the following noting your Sun and Rising Sign

Aries (Self-Worth & Relationship Identity)

This retrograde affects you personally, making you rethink your approach to love, self-image, and independence. You may feel restless, even irritable, if pressed for more commitment from a partner.

Advice: Avoid lashing out and causing hurt and unnecessary conflict. Take time out to develop your relationship with your self.

Taurus (Hidden Desires & Past Karma)

Venus rules Taurus, so this retrograde could feel extra intense for you. It would highlight hidden emotional baggage, past relationship wounds, and subconscious patterns in love. You might reconnect with someone from your past, but not necessarily for a fairytale ending—more for karmic closure.

Advice: If something feels unfinished, address it. Pay attention to your dreams and intuition for insights.

Gemini (Friendships & Love Crossroads)

This retrograde could blur the lines between friendship and romance. An old friend might suddenly seem like a romantic prospect, or you could reconnect with a past lover through your social circle. However, mixed signals and misunderstandings are likely, so don't assume anything.

Advice: Avoid rushing into relationship decisions. Let things unfold naturally.

Cancer (Career vs. Love Balance)

For you, this retrograde could create tension between work and relationships. Maybe you're questioning whether a career move is worth sacrificing your personal life, or a workplace romance could resurface. It's also a time to reflect on your public image in love—do people see you the way you want them to?

Advice: Don't let career stress spill into your relationships. Be clear about your priorities.

Leo (Love Ideals vs. Reality Check)

You may find yourself reassessing your beliefs about love, relationships, and life purpose. Maybe a past long-distance or philosophical love connection resurfaces, or you question whether your current love life aligns with your bigger dreams. Travel and education-related love themes could pop up.

Advice: Stay open-minded but avoid making impulsive commitments.

Virgo (Emotional Depth & Financial Reassessment)

For you, this retrograde would be deeply transformational—especially in relationships that involve emotional or financial entanglements. Old power dynamics in love might resurface, and you could reassess how much you're giving versus receiving. Financially, avoid major investments.

Advice: Set emotional and financial boundaries. If a past relationship resurfaces, ask yourself if it's truly worth revisiting.

Libra (Relationship Clarity & Rewrites)

As Venus rules Libra, this retrograde would be a major relationship review for you. If you're in a partnership, old tensions could come up, forcing you to reevaluate your needs. If you're single, a past partner could return—but is it nostalgia or something real?

Advice: Don't ignore red flags. Communicate clearly and set healthy boundaries.

Scorpio (Health, Routine & Love Patterns)

For you, Venus retrograde would focus on your daily habits and relationship patterns. Are you giving too much and receiving too little? You may also reconsider your health and self-care routines—especially how they affect your love life. A workplace romance or old flame from your daily life could return.

Advice: Focus on self-care. Don't let past relationships disrupt your progress.

Sagittarius (Romance, Creativity & Passion)

This retrograde could stir up old flames, creative inspiration, and romantic nostalgia. If you have unfinished artistic projects, you might feel the urge to revisit them. In love, someone from your past could return, especially a fiery and passionate connection. However, be cautious—things may not be as exciting as they seem.

Advice: Don't let romance distract you from your creative or personal growth.

Capricorn (Home, Family & Emotional Foundations)

You might feel a deep emotional shift during this retrograde, questioning your home life, family relationships, or emotional security. A past love could resurface, but this time, it might force you to address unresolved family issues or childhood wounds.

Advice: Heal emotional patterns before jumping into anything new.

Aquarius (Communication & Old Conversations Resurface)

For you, Venus retrograde could bring back unresolved conversations, past love letters, or misunderstandings. An ex might reach out, or you could reconnect with someone through social media. However, communication could feel off, so be mindful of mixed signals.

Advice: Think before you speak. Be clear in all communication, especially in love.

Pisces (Self-Worth & Financial Reflection)

If Venus were retrograde in your sign, you'd be reevaluating your self-worth, finances, and relationship standards. Do you settle for less in love? Are you valuing yourself enough? Money-wise, avoid big purchases or financial commitments during this period.

Advice: Use this time for self-reflection and financial planning.

